## **TimberNook**



At the heart of TimberNook programming is the philosophy that children flourish when given the time and space to play in sensory-rich, experiential learning environments. Bringing exploration and nature together results in a truly unique way to reach children at a key point in their development.

**TimberNook Outdoor Experiences** is a unique Minute Man Arc program offering the ultimate sensory experience for children ages 18 months to 12 years. Operated by a licensed pediatric occupational therapist, this program challenges the mind, the body, and the senses through meaningful outdoor play opportunities.

Minute Man Arc has created seasonal programs that are both inclusive and adaptive to children of all abilities and ages. Sessions run throughout the year, even in the winter. Week-long programs are offered during public school vacations. There are also special themed events and the opportunity for families to request outdoor birthday parties for their children.

- Themed programs that empower age-appropriate risk-taking and deep play that is based on process-oriented learning.
- Small groups of children ages 18 months to 12 years old, in age-appropriate groups
- Children of all abilities welcome

**Program location:** Nobscot Scout Reservation, 1 Nobscot Rd, Sudbury, MA 01776

