

Day Habilitation Services

Day Habilitation provides an environment for personal enrichment and growth for individuals with disabilities who need a higher level of support. Clients are treated with respect and dignity and are encouraged to reach their full potential in all areas of their lives.

Minute Man Arc offers a wide range of integrated learning experiences designed to help adults focus on skill acquisition, relationship building, personal health and safety, physical activity, community involvement, creativity, and enjoyment.

We conduct individualized assessments to determine each participant's need for health care supervision, speech and language therapy, physical and occupational therapy, behavioral consultation, case management and developmental skills training.

These offerings enhance skill development and provide new experiences:

- Instructions in life skills
- Computer skills and technology
- Nutrition, fitness, and exercise such as dance therapy and yoga
- Sensory integration activities
- Grocery shopping and cooking skills
- Therapeutic gardening in our expansive greenhouse
- Social skills building and educational games
- Safety skills
- Human rights awareness
- Arts and crafts



Program location: 35 Forest Ridge Road, Concord, MA 01742



SCAN ME