Minute Man Arc provides a comprehensive training program called BaSIS (Basics of Supporting Individuals Served). This program includes trainings which are mandated by regulation and law such as CPR/FA and Universal Precautions as well as additional trainings on topics relevant to program and agency needs.

The topics include:

- PBS (Positive Behavior Supports)
- NCI (Non-violent Crisis Intervention)
- MAP (Medication Administration Program)
- Dementia & Alzheimer’s
- Human Rights
- Old & New Treatment Models
- Ethics & Professionalism
- Workplace Violence
- Teaching Individuals with Disabilities
- Diversity
- Diet & Nutrition