

Changing
lives.


Changing
communities.



Minute Man Arc
for Human Services, Inc.

2017 Annual Report





Minute Man Arc provides a wide array of programs for children and adults with intellectual, developmental and physical disabilities throughout eastern Massachusetts. We deliver exceptional therapeutic services, effective employment, supportive living opportunities, active recreation and community involvement to more than 800 people each year. Primary programs take place in Concord, Massachusetts but support is also integrated into home environments, places of employment and a wide variety of community sites.

- Early Intervention
- Employment Services
- Day Habilitation
- Recreation & Family Services
- Residential Services

Minute Man Arc: improving the lives of children and adults with disabilities by increasing independence, personal choice, and self-advocacy.

Dear Families and Friends,

For the past 36 years, my family has been involved with Minute Man Arc. We started our journey in Early Intervention and have participated in every program since offered by MMA. It has been my pleasure to serve on the Board of Directors for the last four years and now as President of the Board.



Participating in the March fundraising walks for the last thirteen years has been a highlight. It has also been very rewarding to work on a number of committees over the years that have improved the lives of our consumers and their families.

Our new building at 35 Forest Ridge Road is really taking shape with a greenhouse and a putting green for all. None of this would have been possible without the wonderful people that support Minute Man Arc. Jean Goldsberry and her fine staff make a positive difference in the lives of our consumers every day.

Thank you to the many people who volunteer their time on our committees and a special thank you to the Board of Directors who help guide this wonderful organization.

Sincerely,

A handwritten signature in black ink that reads "William H. Paige". The signature is written in a cursive, flowing style.

William H. Paige
Board President FY17

We invite

our community to attend the
Minute Man Arc Annual Meeting on
Wednesday, October 18th at 6:30 p.m.
Trinitarian Congregational Church
54 Walden Street, Concord, MA

FY16 Board of Directors

William Paige, *President*
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Director of Early Intervention

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and Finance*

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Improvement*

Stephanie Parish
Chief Development Officer

Joshua Weidenhamer
Director of Day Habilitation

Barbara Jean White
Director of Employment Services

Message from the CEO



Jean A. Goldsberry

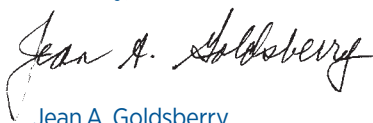
Fiscal year 2017 was another amazing year for Minute Man Arc. Our programs grew at record pace, and we welcomed 35 new adult consumers and 100 new young children to our services. Our focus on healthy lifestyles continued with emphasis on being active and eating a healthy diet. The greenhouse and community garden continued to enhance that effort.

Our Employment Program had a stellar year with 92% of job seekers being employed, about twice the industry average. We also began a new technology internship program with Locus Robotics, thanks to a grant from the Concord-Carlisle Community Chest. Young people with autism are learning

to clean and service robots used in the giant fulfillment center at Quiet Logistics. Day Habilitation space was expanded to serve the increasing numbers of client referrals. One of our group homes, the Carter Apartments, now has a brand new kitchen with all new cabinets, counters, flooring, lighting and appliances.

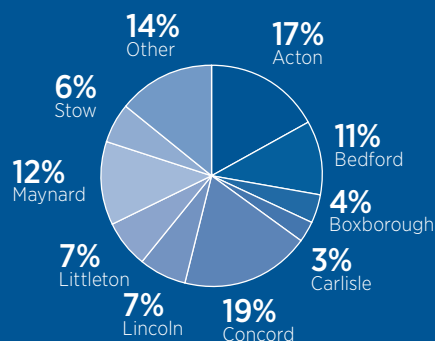
Looking ahead to next year, we will be tackling some great initiatives. Thanks to a \$100,000 grant from the Cummings Foundation and a \$20,000 grant from the John W. Alden Trust, we will be able to realize the development of a pediatric therapy program for children ages 3 – 8 who have graduated from our Early Intervention program and would benefit from continued therapies to enhance their skills. We will also continue to enlarge and deepen the programming for our new Day Habilitation space. In our homes, we plan to do some sprucing up to keep things looking nice and homey.

Sincerely,

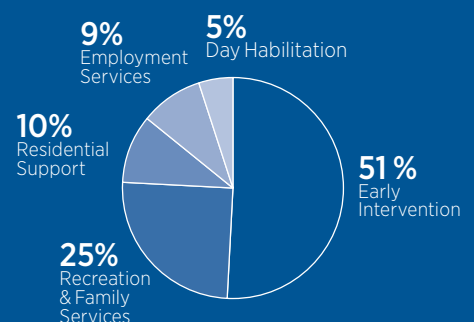


Jean A. Goldsberry

Participants by Town



Participants by Program



Financial report* Minute Man Arc for Human Services, Inc. and Affiliate

Consolidated Statement of Financial Position. June 30, 2017

Assets

Cash and equivalents	\$379,417
Account receivable	1,470,337
Prepaid expenses	48,563
Property, plant & equipment and mortgage acquisition costs, net	3,476,240
Security deposits	46,390
Restricted deposits	178,376

Total Assets	\$5,599,323
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Liabilities and Net Assets

Accounts payable	\$130,902
Accrued expenses and other liabilities	763,468
Line of credit	330,000
Long-term debt	2,098,780

Total Liabilities	\$3,323,150
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Net Assets	\$2,276,173
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Total Liabilities and Net Assets	\$5,599,323
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Consolidated Statement of Activities. Year Ended June 30, 2017

Revenues

Contract revenue	\$13,164,092
Commercial products and services	207,744
Contributions and fund raising	779,787
Other	11,320

Total Revenue	\$14,162,943
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Expenses

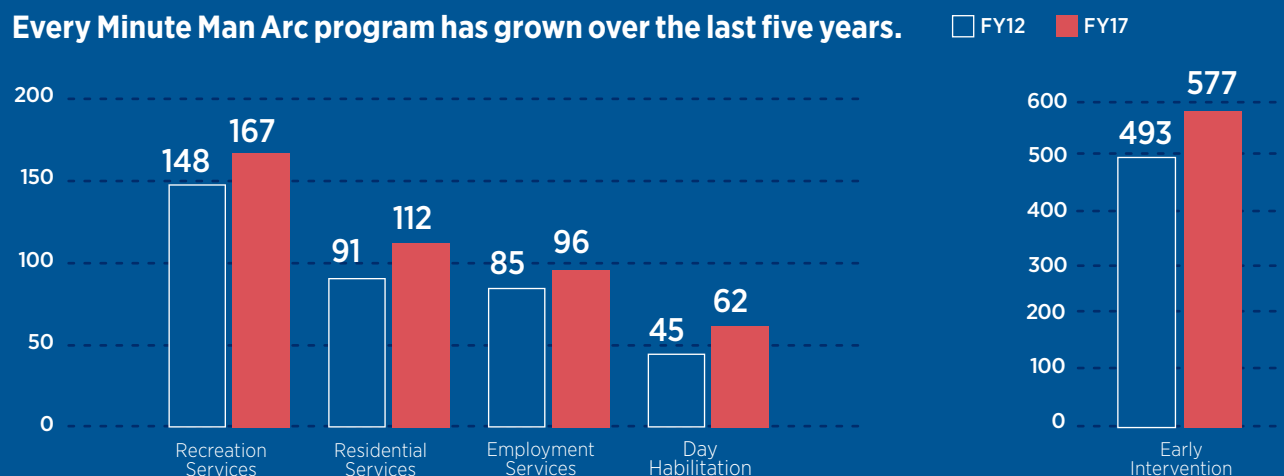
Program services	\$12,292,840
Management and general	1,318,088
Fundraising	331,693

Total Expenses	\$13,942,621
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Change in Net Assets	\$220,322
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* Financial report information for Minute Man Arc for Human Services, Inc. and Affiliate's consolidated financial statements are **unaudited**. Audited financial statements will be available after November 15, 2017.

Every Minute Man Arc program has grown over the last five years.



How did we spend our year?



**Working hard and impacting
our community**



**Winning grants
and awards**



Getting fit and having a blast

**Expressing ourselves
through art**





Developing green thumbs



How does your garden grow?

What a growth year for Minute Man Arc! Every one of our programs experienced expansion during fiscal year 2017. One such program – Day Habilitation – increased to the point that we expanded our capacity from 60 to 80 participants. Additional program space was created at our Forest Ridge Road building to support the new clients so that they have enough room to exercise, socialize and learn new things.

Curriculum was also added to Day Habilitation that enlarged our horticulture program with a new greenhouse and a community garden. Funded with generous community grants, our greenhouse provides a natural backdrop for clients to learn new skills while experiencing the joy and therapeutic benefits of gardening. We have a dedicated team of clients who tend vegetables, herbs and plants on a daily basis. Additionally, we farm a community garden space in West Concord during the summer with the same dedication and joy. Cooking with our own herbs and vegetables is delightful.

Learning through play



Meeting elected officials



Rep. Joe Kennedy

Why I Donate

My son Kai is pretty awesome, and I love him with all my heart. That statement, however, doesn't always show the deeper underbelly of what it can mean to parent a child with disabilities. When my son was born it was like my heart was ripped open and laid raw, and my intense and deep love of him was all I could comprehend. Yet as my devotion to him grew, so did the obstacles we had to face. I didn't want to see how he was different from other babies; there were so many quirks I thought were unique to my child and therefore special, but that made my life so very, very hard. He would cry for hours, unable to handle the world he was in, and I was completely locked out of his beautiful brain and all its thoughts. When I was eventually referred to Minute Man Arc for speech delay, I thought it would be great to have a little help, but I was worried about what that meant about my son, myself, my family. Would he earn some label that would keep him from becoming the President of the United States some day? Would our little family withstand outside influence?

What began as a trail run became the best thing to happen to us. Bit by bit, our amazing and dedicated MMA therapists put more of themselves into helping Kai and my family through some difficult scenarios. Kai became more and more able to get through to us in meaningful ways. He learned to point to indicate he wanted food, or that his diaper was dirty, or that he wanted to see that loud thing making noises in the corner. The crying, the hysterics, the child who could-not-be-tamed started to recede, and his energy and enthusiasm for life started to emerge. He would run to all the therapists who came to our home with wide open arms and a happy heart because they were making the world tolerable and livable for him, and by extension, for me and my family.

Today my kiddo thrives and excels in so many ways, thanks to the MMA therapists work with not only Kia, but our entire family. And that is why I donate. I donate because every child deserves help discovering and communicating their inner amazingness, no matter what the challenges they or their families face; I donate because the last 5 years MMA has not only been my stand in village, it has helped me cultivate and grow a supportive, larger one; I donate because I would have barely survived without the amazing therapists and community that touched our lives. I donate because I love MMA the way I love my family – with more fullness and understanding than I could have ever found on my own.

Talia Bigelow

Boxborough, MA



The Minute Man MARCH come together

13th Annual Minute Man March

“Tie-dyed with enthusiasm” is how one would describe the 13th Annual Minute Man March this year. With more than 500 people in bright yellow, pink, and blue shirts, the crowd turned heads as they walked the highly visible route through downtown Concord and Emerson Field. Sunny skies and bright smiles started the day as the group walked to raise awareness and more than \$150,000 in support of those with developmental and intellectual disabilities.

To celebrate the day and the success of the March, participants were treated to foot tapping music and BBQ that filled the hungry stomach. Delicious T-shirt shaped sugar cookies, created especially for us by Concord Teacakes, matched the traditional tie-dyed shirts! Even the rain that fell as the event came to a close could not dampen the enthusiasm of the day.

We continue to be awed and thankful for the generosity of our participants, sponsors and volunteers who are the reason the March is such a success. Your unfailing support allows Minute Man Arc to excel in providing a community of innovative, lifelong care to people with disabilities. Looking forward to another fantastic Minute Man March in 2018 — **see you there!**



A special thank you to the MARCH Committee volunteers

Marlene Bergart
Elizabeth Berk
Susan Boucher
Nancy Crowley
Nancy Graham
Amy Kinne
Tessa Kocher

Judi Kotanchik
Tanya Mahoney
Mickie McShane
Karen and Bill Paige
Cheryl Serpe

Molly Stone
Hilary Taylor
Shannon Tellier
Laura Tumas
Mary Woodward



Photos by Deirdre Bellevue and Charlotte Parish

2017 Sponsors and Foundations



Premier Business Donors \$2,500 and above

Applied Biomath, LLC
Locus Robotics Corporation
Lythrum Farm
Norel Service Company
QED Systems, Inc.
Quiet Logistics



Lythrum Farm



L O C U S



Supporting Business Donors \$500 – \$2,499

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Acton Ford
ADA Solutions, Inc.
All Staff, LLC
Atlas Forest Realty Trust
Barrett Sotheby's International Realty
Black Birch Development LLC
Buildium
Cambridge Savings Bank
Dunkin' Donuts - West Concord
Emerson Hospital
Enterprise Bank
Especially For Pets
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Mara & Associates, PC
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Omni Properties, LLC
RhumbLine Advisers Corp.
Roche Bros.
Sakonnet Associates
Steps to Success, LLC
William Raveis Real Estate
Workers' Credit Union



Foundation Gifts \$1,500 and above

Acton-Boxborough United Way
Anonymous
Blue Cross Blue Shield of
MA Foundation
Camden Foundation
Concord-Carlisle Community Chest
Daniel Raymond Nickerson Foundation, Inc.

DCU for Kids Foundation
Decibels Foundation
Haartz Family Foundation
Helen G. Hauben Foundation
Maynard Community Chest
Stow Community Chest

Our donors

Minute Man Arc gratefully acknowledges the donors and business sponsors who enable us to improve the lives of children and adults with disabilities throughout the year. Thank you for your generous support.



\$2,500 +

Acton-Boxborough United Way
Applied Biomath, LLC
Representative Cory
Blue Cross Blue Shield of MA Foundation
Mr. and Mrs. Joshua Boger
Keith Bostic and Margo Seltzer
Camden Foundation
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DCU for Kids Foundation
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The Honorable and Mrs. Peter J. Kilmartin
Dr. and Mrs. Brian Lemerise
Locus Robotics Corporation
Lythrum Farm
Mr. and Mrs. David Mahoney
Maynard Community Chest
Norel Service Company
William and Karen Paige
QED Systems, Inc.
Quiet Logistics
Stow Community Chest
Trinitarian Congregational Church
West Concord Union Church



\$1,000 - \$2,499

Abode Builders of New England, Inc.
ACT Leasing
Acton Ford
All Staff, LLC
Atlas Forest Realty Trust
Barrett Sotheby's International Realty
Black Birch Development LLC

Cambridge Savings Bank
Daniel Raymond Nickerson
Foundation, Inc.
Dunkin' Donuts West Concord
Emerson Hospital
Enterprise Bank
Especially For Pets
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Haartz Family Foundation
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\$100 - \$249

Raa Abdullah
 Rekha Abichandani
 Ishtiaque Ahmed
 Rebecca Allen and Roland Ouellette
 Mr. Steve D. Allen
 Ms. Kimberley Alley

"Your services made a huge impact on our lives and we hope our donation can help another family."

Jeff Poulton, Acton

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 Kim Amaral
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“Performing with the Minuteman Arc chorus is a truly joyous experience. Watching our chorus members don costumes, take center stage and proudly bow while a crowd applauds is magical. I have directed performers of all ages through the years, but this group has been the most rewarding.”

Susan Beck, Concord

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Nancy Cronin
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Maribeth Cusick and Jefferson Davis
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Mr. and Mrs. Kenneth Teal
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Mary Tivnan
Mr. Eric Tobin
Ms. Claudette Toro
Trips R Us, Ltd.
Mr. and Mrs. Keith Tucker

"Thank you for helping our son when we were just learning how to be parents."

Jason Cole, Acton

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Ms. and Mrs. Carlos Lopez
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Robert Murphy
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