

## Meeting Needs

Residential Services programming is carefully designed to meet the needs of participants and their families. We provide:

- **Residential Homes** that enable individuals to make decisions and to learn and grow in a warm, inclusive setting that promotes personal well-being, health, community participation and friendship building.
- **Individual Support** that serves individuals who have mastered many independent living skills but still need enhanced support, as well as those who can live completely independently with a level of case management support based on individual needs.
- **Shared Living** that supports individuals seeking to become a part of a family and a community by matching them with a shared living provider.
- **Adult Foster Care** that supports families and caregivers so they may keep their loved ones at home and out of residential institutions. This program serves a wide range of qualifying participants.



## Minute Man Arc for Human Services, Inc.

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### Licensed, Certified or Approved by:

MA Department of Developmental Services

U.S. Department of Labor

MA Department of Labor and Statistics

CARF

Ability One

An affiliated  
chapter of  **The Arc.**

**Minute Man Arc:** *improving the lives of children and adults with disabilities by increasing independence, personal choice, and self-advocacy.*

## Minute Man Arc

Changing Lives, Changing Communities



## Residential Services

Providing home settings  
and individually tailored services

MINUTE MAN  
 Arc

## Assisting Individuals

Residential Services offers an array of living options and support designed to assist individuals in reaching their full potential. The involvement of families and caregivers - through information sharing, goal setting and ongoing communication - is an integral part of the Residential Program.

Living situations are dictated by a combination of the individual's personal preference and the level of support required.

Our services include:

- Community Residences
- Individual Support
- Adult Foster Care
- Shared Living

**Service Hours:** 24 hours a day, 7 days a week.

**Location:** Minute Man Arc has 9 community residences, all other services occur in independent households.

**Fees** are paid by referral through Mass. Department of Developmental Services and MassHealth.

**Service Availability:** Minute Man Arc accepts individuals upon request pending Mass. Department of Developmental Services referral.

## Personalizing services

**Community Residences** are provided for individuals needing 24-hour support. Support services are tailored to individuals' needs in order to maximize their potential for independence and to provide opportunities to make meaningful community connections.

Services include:

- Intake and needs assessment
- Transition planning
- Individualized service planning
- Skills development and training
- Case management and support
- Recreation and community access



The **Individual Support Program** serves adults who can live independently with a minimum of staff support. Case management services vary depending on individual needs. Services include:

- Case management and support
- Assistance accessing community services
- Training and networking
- Recreation

The **Adult Foster Care Program** provides financial and clinical assistance to qualifying family members or caregivers to assist them in caring for their loved ones at home. We support but do not limit our outreach to individuals with developmental disabilities and seniors.

The AFC Team provides:

- Nursing support and oversight
- Care management and support
- Assistance accessing community services
- Training and networking
- Financial compensation

The **Shared Living Program** offers individuals the opportunity to become part of a family and a community. Shared living providers are carefully selected and trained to meet the needs and wishes of the individuals and their families or guardians. Ongoing monitoring and evaluation by Minute Man Arc includes:

- Monthly visits by the Shared Living Coordinator
- Access to the Behavioral Clinician
- Access to the Residential Nurse
- Crisis, emergency and safety management
- Professional training